// Kyaeen's Follow-Up Thoughts

Udo Suzuki Hiroyuki and I thought about Fukushima a lot afterwards. We felt truly inspired by the heartfelt devotion and beaming smiles of everyone at Fukushima High School, the Fisheries **Co-operative Association, and** Shinchi Town who explained things to us. The fish was delicious! Thank you so much! At Shinch



Love for one's hometown, and the strength to try to understand the situation that you've been put in. I really believe that those two things are what will lead Fukushima into the future.









Have comments? Send to: ⊠info-senryaku@cas.go.jp



Delicious Fish and Super Science!













Bq (becquerel) is a unit that indicates levels of radioactivity. Radioactive decay of one nucleus per second is expressed as 1 Bq.



*Test results and figures are based on factual information.



Starting from February 25, 2020, all types of fish found around Fukushima Prefecture can now be sent to market! Ocellate spot skate is delicious when fried or boiled!







The ocean near Fukushima is a "junction line" where the Kuroshio Current (a warm current) and the Oyashio Current (a cold current) meet. Junction lines produce high quality fish, and the area where the two currents meet is known as one of the three greatest fishing grounds in the world. The fish caught in Fukushima is considered particularly high in quality, and is known by the brand name "Joban-mono".





*This story is a work of fiction based on information from real people. However, the surveys, inspection results, and figures featured are based on facts.





With radiation, the amount received is crucial. The unit used to indicate how much radiation people are being exposed to is called Sv (sieverts).





It's said that exposure to more than 100 mSv over a short period of time increases the risk of cancer.





1 Sv (sievert) is the same as 1,000 mSv (millisieverts). Just like the relationship between L (liters) and mL (milliliters) when measuring volumes (1 L = 1,000 mL). So 100 mSv is equivalent to 0.1 Sv.







The measurements using the D-Shuttles were all taken over two-week periods in 2014: from June 18th to July 1st in Japan, from early to mid October in Belarus, from early to mid November in France, and from late November to mid December in Poland.







The data for Japan was collected at six high schools in five prefectures: Kanagawa, Gifu, Nara, Hyogo, and Hiroshima.



This is known as a "box-and-whisker plot", and is a type of graph that's used to compare the variations between different sets of data. To use an example, if 100 people stood in a line in **Box** order of height, the shortest person would be the bottom whisker, and the tallest person would be the top whisker. The box represents the middle 50 people, from number 26 to number 75, and the line inside the box indicates the person right in the middle.







The students from Fukushima High School really did announce their results at the University of Tokyo, and in France and Italy. Some people overseas thought that no one lived in Fukushima anymore. That was a shock!









This comic is based on work done by Fukushima High School's Super Science Club in 2014. The D-Shuttles were used to collect data up until 2018.







Food Products & Radiation



Japan's standards are topic among the strictest in the world!

Japan's standards for food distribution is 100Bg/kg for regular food items such as fish and vegetables. When products exceeding that level are found, they don't make it to the store shelves.

Understand

the comic

better!

In the past few years there have been virtually no cases of items exceeding 100 Bg/kg.

By the way, do you know why the level was set at 100 Bg/kg?

How was the standard of topic 100 Bq/kg chosen?

The Japanese government set the upper limit for radiation dosage from food at 1 mSv per year based on the international food safety guidelines set by Codex(CAC)¹, which specify that the total additional radiation dose received from food over one year shouldn't exceed 1 mSv. The standard of 1 mSv per year is the same level that's used by the European Union. So why is the limit used in Japan (100 Bq/kg) stricter than those set by CAC (1,000 Bq/kg) and the EU (1,250 Bq/kg)?

That's because Japan's limit was calculated under the following conditions:

1. Based on Japan's food self-sufficiency rate, it was presumed that 50% of all food products in circulation (all domestic produce) would contain the maximum allowed level of radioactive material ($\times 5^{*2}$)

2. Food intake varies according to age and gender, and the calculations were based on the intake amount for a male middle school/high school student with a healthy appetite (approx. $\times 1.4^{2}$) 3. The results of the above calculations were also rounded down as a precaution (approx. $\times 1.4^{2}$)

*1. The CAC was jointly set up by the Food and Agricultural Organization of the United Nations (FAO) and the World Health Organization (WHO) in 1963. The CAC oversees the Codex Alimentarius, a set of international standards for food, to protect consumers' health and to promote fair international food trade. As of August 2018, member states of CAC include 188 nations and the EU.

*2. The numbers given in parentheses are comparisons with the CAC standard (1,000 Bq/kg).

Standars for Radioactive Material Concentration of Foods

	Japan	Codex (CAC)	EU	USA
	Food Sanitation Act	CODEX STAN 193-1995	Council Regulation (Euratom) 2016/52	Guidance Levels for Radionuclides in Domestic and Imported Foods (CPG7119.14)
Derived intervention levels (DIL) for radiocesium Concentration* (unit: Bq/kg)	Drinking water10Milk50Infant foods50General foods100	Infant foods 1,000 Other foods 1,000	Liquid food 1,000 (Drinking water) Dairy produce (Mills) 1,000 Infant foods 400 Other food 1,250	Food 1,200
Upper limit for radiation dosage from food per year	1mSv	1mSv	1mSv	5mSv
Assumption on the proportion of food supply that is contaminated with radiation per year	50%	10%	10%	30%

*The DILs shown are the upper limits allowed for food to be distributed in the supply chain. DILs are set for monitoring purposes and are not standards for determining whether food is safe or not for consumption. As different countries assume different proportions of their food supply is contaminated with radiation during computation, these numbers by themselves are not comparable

How much radioactive topic material is there in Japanese food products?

3

Let's take a look at the amount of radioactive material found in food products from around Japan.

Products from Fukushima are tested regularly for radioactive material before being shipped out. Virtually no products with amounts that exceed the allowed levels have been found to date.

A survey (market basket survey) was carried out in different areas of Japan to see how much additional radiation people would receive over the course of one year when eating an average diet. The results showed that the amount was just 1/1000 of 1 mSv.



Additional radiation when consuming average diet (one year)



Based on results from a market basket survey carried out by the Ministry of Health, Labour and Welfare (February-March, 2019)



Send any comments to this address